

Registration Form

OPPORTUNITIES AND CHALLENGES FOR IMPLEMENTATION
OF EVIDENCE-BASED PRACTICE
IN NEUROLOGICAL AND GERIATRIC REHABILITATION:

NAME: _____
PROFESSION: _____
HOME ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
HOME PHONE: _____
WORK ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
WORK PHONE: _____
E-MAIL ADDRESS: _____
LICENSE # / STATE: _____

I WILL BE ATTENDING DUQUESNE UNIVERSITY, PITTSBURGH, PA

- SATURDAY, DECEMBER 5, 2009 (\$199)
- SUNDAY, DECEMBER 6, 2009 (\$199)
- SATURDAY /SUNDAY, DECEMBER 5-6, 2009 (\$349)

MAKE CHECK PAYABLE TO AND MAIL TO:

HEALTHCARE PROFESSIONS SEMINARS, LLC
P.O. BOX 938 • WEST END, NC 27376
PHONE/FAX: 910-400-5093

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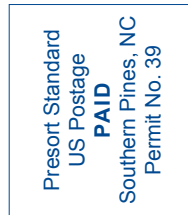
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Opportunities and Challenges for Implementation of Evidence- Based Practice in Neurological and Geriatric Rehabilitation

*A portion of the proceeds will benefit the
Foundation for Physical Therapy*

*Seminar developed in collaboration with the University
of Pittsburgh and co-sponsored by Duquesne
University Program in Physical Therapy for the
Marquette Challenge*



MAURICE FAULK AUDITORIUM

PITTSBURGH, PA

SATURDAY, DECEMBER 5, 2009 • SUNDAY, DECEMBER 6, 2009

SPEAKERS:

DR. PAMELA W. DUNCAN PhD, FAPTA, FAHA
DR. STEPHANIE STUDENSKI RN, MD, MPH
DR. JENNIFER BRACH PhD, PT, GCS

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Please continue to visit our website for updated information.
Website for Pitt-Marquette Challenge questions/comments:
www.pittmarquettechallenge.com

***“Dedicated to Delivering Multidisciplinary,
Scientifically Based Continuing Education.”***

Within the last decade, the Pitt-Marquette Challenge has made its mark in physical therapy. Started in 1989 by Marquette University physical therapy students, the Challenge was initiated to raise awareness among future professionals of the need for research and to raise money for scientific studies. Since then, the Challenge has grown to become one of the most significant campaigns for the Physical Therapy Foundation with funds raised entirely by students.

Agenda

SATURDAY DECEMBER 5, 2009

SATURDAY: [DR. PAMELA W. DUNCAN](#)

STROKE REHABILITATION

7:30 Registration and Continental Breakfast

8:00 Neurological and Geriatric Physical Therapists are Clinical Scientists

9:00 Understanding the Trajectories and Complexities of Recovery Post-Stroke

10:00 Break

10:15 Developing Evidence Based Interventions: Examples from Clinical Trials, Clinical Practice, and Clinical Guidelines for Stroke Rehabilitation

12:00 Lunch on your own

1:00 A Conceptual Framework for Evaluation and Measuring Outcomes – A Case Presentation

2:30 Break

2:45 Implementing Best Practice – Barriers and Facilitators

3:30 Discussions

4:30 Adjournment

Seminar Description/Objectives

Upon completion, the learner will:

1. Discuss methods and provide resources to integrate evidence into assessments clinical decision making, and selection of interventions for stroke and geriatric rehabilitation.
2. Review the trajectory of recovery beyond the first 30 days and identify needs for expanding the continuum of care for stroke.
3. Review the evidence for best practice for stroke rehabilitation.
4. Discuss the barriers and opportunities to implementing best practice models into clinical practice.
5. Recommend methods for assessing outcomes of post acute stroke therapies.

Agenda

SUNDAY DECEMBER 6, 2009

SUNDAY: [DR. PAMELA W. DUNCAN](#)
[DR. STEPHANIE STUDENSKI](#)
[DR. JENNIFER BRACH](#)

IMPROVING PHYSICAL ACTIVITY AND PREVENTING FALLS IN THE ELDERLY

8:00 Registration and Continental Breakfast

8:30 Falls, Instability and Decreased Physical Activity in the Elderly

9:30 Gait Speed – The Sixth Vital Sign and A Marker for Frailty

10:00 Break

10:15 Moving and Thinking – Role of Cognition in Elderly Instability

11:30 Clinical Practice Guidelines and CDC Recommendations for Falls Prevention and Physical Activity

12:30 Lunch on your own

1:30 Selecting Interventions and Developing Programs for Falls Prevention and Increasing Physical Activity

2:30 Introducing Games to Improve Balance and Mobility

3:15 Break

3:30 Integrating Clinical and Community Based Programs to Reduce Falls and Increase Physical Activity

4:30 Adjournment

Seminar Description/Objectives

Upon completion, the learner will:

1. Review the conceptual models for falls, instability, and decreased physical activity in the elderly patient
2. Discuss the importance of assessing cognitive function in falls programs and introducing cognitive challenges during balance and mobility training
3. Gait Speed- “The sixth vital sign” and a marker for frailty
4. Review the evidence for exercise training to reduce the risk of falls and instability
5. Review clinical practice guidelines and CDC recommendations for falls prevention and physical activity for the elderly
6. Discuss the role and provide examples of virtual reality and games to improve balance and mobility in the elderly
7. Propose models for integrating clinical practice and community based programs to reduce falls risk and increase physical activity for the elderly

Faculty

Pamela W. Duncan, PhD, FAPTA, FAHA is professor in the Division of Physical Therapy at Duke University. Pam is a graduate of Columbia University and a nationally and internationally renowned physical therapist and epidemiologist, who is considered one of the world's leading experts and consultants in the development of interventions for stroke and the selection of outcome measures for stroke recovery. A recognized leader and innovator in stroke rehabilitation; she has dedicated her career to elevating the science of rehabilitation, improving the physical function of the elderly, and improving stroke care and outcomes. She is a principal investigator of an NIH funded trial in walking recovery. Most importantly her passion is to contribute to the implementation of evidence based practice models into routine clinical care.

Stephanie Studenski, RN, MD, MPH is board certified in Internal Medicine, Rheumatology and Geriatrics and has a Masters degree in Public Health. Her research interests are in the causes, evaluation and treatment of mobility disability in older adults. She has had continuous funding for her work in NIH, VA, Foundations and industry for over 20 years. Dr. Studenski is PI of the Pittsburgh NIA funded Claude Pepper Center of Excellence; co-PI of the NCI/NIA funded Cancer and Aging program and several research training grants. She has chaired three standing NIH study sections and serves in leadership roles in the American Geriatrics Society and several peer review journals. Dr. Studenski is a leader in developing innovative programs including gaming and virtual reality to improve balance and mobility in the elders. In recognition of her many contributions to the practice of physical therapy and her mentorship and support of physical therapy clinicians and researchers, the APTA awarded in 2009 Dr. Studenski honorary membership in the American Physical Therapy Association.

Jennifer S. Brach, PhD, PT, GCS is an Assistant Professor in the Department of Physical Therapy, School of Health and Rehabilitation Sciences at the University of Pittsburgh. Dr. Brach completed a BS in Physical Therapy, at East Carolina University, a MS in Physical Therapy at the University of Pittsburgh, and a PhD in Epidemiology, Graduate School of Public Health, University of Pittsburgh. Dr. Brach has a strong clinical and research background in the assessment of physical function and physical activity of older persons as evidenced by her certification as a Specialist in Geriatric Physical Therapy (GCS) and her publication and funding record. Dr. Brach has over 40 publications related to aging in peer reviewed journals and she also co-authored the chapter on Mobility in the sixth edition of Hazzard's Geriatric Medicine and Gerontology. Dr. Brach is also the first physical therapist to receive the prestigious Paul Beeson Career Development Award in Aging from the NIA. Currently Dr. Brach spends the majority of her time in research but she is also involved in teaching in the DPT program, mentoring doctoral students, and providing clinical services in a geriatric mobility clinic. Current research interests include aging, gait variability and physical activity.

Credits

Application has been made to PA, OH, and WV for 14 contact hours to be granted for completion of the seminar.

Registration Information

NUMBER OF PARTICIPANTS WILL BE LIMITED

Registration fee: \$ 199 for 1 day and \$349 for both days • Deadline for receiving registration: November 26, 2009 • Recommended Audience: PT, PTA, OT, and OTA

Confirmation & Cancellations

Confirmations of registration are sent via e-mail, fax, or letter from our office. Detail information including further details for the course, parking, directions, etc. will be included in your confirmation. If you do not receive a confirmation within seven days of the seminar, please call our office at 910-400-5093 or 423-552-1434 to confirm registration. **Cancellations** or requests for refunds must be submitted in writing and postmarked prior to November 25, 2009. Requests for refunds made after November 25, 2009 and prior to the seminar, will be subject to a \$35 administration fee. Payments made for group discounts are non-refundable. Healthcare Professions Seminars, LLC reserves the right to cancel a seminar and will refund in full the registration fee only. HPS is not responsible for non-refundable airfare.

Accommodations

SEMINAR SITE: Duquesne University • Maurice Faulk Auditorium • 910-400-5093

ROOM RESERVATION: Please visit our website at www.healthcareprofessionsseminars.com for a list of hotels conveniently located to the seminar.